

Gujarat University
Value Added Course
Semester -2
National Service Scheme (NSS)
Course Code: 127 - J
For all Undergraduate Programs
(w.e.f 2023-2024)

National Service Scheme (NSS) is an Indian Government sponsored public service program; conducted by the Ministry of youth affairs & sports of the govt: of India. Popularly known as NSS, the scheme was launched in Gandhi's centenary year in 1969. The motto of NSS 'Not me but you' declares the selfless characteristics of the scheme. It aims at developing amongst students a sense of participation in nation building through social work. This deepens understanding of the social environment and enriches his/her personality through actual participation in the day-to-day life of society. This experimental learning is a desirable supplement to classroom education and develops in the student a sense of responsibility, tolerance, and cooperation. National Service Scheme (NSS) plays a vital role in the development of the latent aspects of a student's personality.

Course Outcome(CO):

- Development of the personality of students through community service.
- To work with and among people.
- To enhance creative and constructive social action.
- To enhance knowledge of self and the community through a confrontation with reality.
- To enable them to understand the growing up process and awareness on youth health issues: alcoholism, smoking, substance abuse, sexually transmitted diseases, etc.
- To acquire skills in program development for future self-employment.

- To gain skills in the exercise of democratic leadership and to form an idea on the dynamics of marriage and family as a social institution.
- To promote the will to serve the weaker sections of the community.

Activities can be done. (following list of activities are inclusive and not exhaustive)

- Blood Donation Camps
- Tree Plantations; Environmental Awareness Camp
- Celebration of various important National and International Days; Helping the university in organising various important functions.
- Workshops and Lectures on: Leadership, Peace building, Personality Development and Adolescent Health Issue.
- Outreach activities in the adopted localities/villages
- Active Participation in various immunisation programme/camp
- National Covid-19 campaign (prevention and awareness)
- Cycle rallies/marathon on different social issues to generate awareness.
- NSS volunteers should be part of organised camps like: Adventure Camp, 10-day Mega Camp, National Integration Camp, Pre-republic day, Republic Day Camp, Youth Festivals and Youth exchange programmes.
- Any other activities in purview of the social services can be done by the students.